

Dr. Moin Khan

"Cryocompression Results in a Significant Decrease in Opioid Consumption following Shoulder Surgery – A Multi Center Randomized Controlled Trial"

An open-label, multicenter, randomized controlled trial of two hundred patients undergoing unilateral shoulder surgery found that patients who received post operative cryopneumatic compression reported a substantial decrease in opioid consumption (OMME median 56.1 vs. 112; $p=0.02$) and significant increase in improved function (mean 61.2 vs. 54.2; $p=0.04$) when compared to standard-of-care.